

Lectures Seminars and Workshops

Susan Bayliss

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National Speakers Scheme

Foundation for Theosophical Studies

<http://foundationfortheosophicalstudies.co.uk>

<http://theosophicalsociety.org.uk>

Headquarters 50 Gloucester Place London W1U 8EA

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The Aim of the Foundation is to:

“Help people understand and discover the essential truths at the heart of all philosophy, science and spirituality, especially the fundamental unity of all people”.

Throughout the Foundation’s programme of activities you will find not only information for the mind but inspiration for the heart.

There are a full range of events throughout the year, including a very comprehensive programme of lectures and workshops around the country, and Sunday evening lectures and weekly study groups are held at the London Theosophical Headquarters. The Foundation has a Summer School during August each year which provides a beautiful oasis for meeting fellow spiritual travellers, as well being a great opportunity for learning about the essential truths of life. Details of events in London and around the country can be found on our website at:

<http://foundationfortheosophicalstudies.co.uk>
<http://theosophicalsociety.org.uk>

The Foundation also publishes a free magazine with a host of interesting articles on the Ageless Wisdom. Copies of “Esoterica” are available for download at:

<http://foundationfortheosophicalstudies.co.uk/esoterica-2>

Information for other national speakers can be found at:

<http://foundationfortheosophicalstudies.co.uk/speakers>

For further information or to become a Foundation ambassador for your area or to join the Theosophical Society, please email: office@theosoc.org.uk or telephone: 020 7563 9817.

The Foundation was founded by the Theosophical Society in England in 1992 and the Society continues to manage the Foundation.

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Biography

Susan speaks extensively around the UK and in 2014 gave the prestigious Blavatsky Lecture. For many years Susan has served as a director for the Foundation and in numerous other roles for the Theosophical Society in England, including as National Secretary.

Subjects

Rooted in core Theosophy, these talks and workshops take a practical approach to spiritual discovery. Connecting with the essential truths at the heart of our being and exploring the keys to the Ancient Mysteries and esoteric teachings. Some also link to progressive modern science and related fields of enquiry. Presentations are not listed in any particular order and include various areas of study such as:

- ❖ Cosmogenesis
- ❖ Angelic hierarchies
- ❖ The kingdoms of nature
- ❖ Planes of existence
- ❖ The cycle of life
- ❖ Human constitution
- ❖ Karma and reincarnation
- ❖ Spiritualisation of consciousness
- ❖ Meditation and self-awareness
- ❖ Paths of transformation
- ❖ Spiritual development
- ❖ Self-awareness, healing & health
- ❖ Colour and sound
- ❖ Metaphysics and science

Arrangements

To save additional travel costs, please check with other branches or local groups to see if they are interested in hosting joint event or holding a talk themselves.

All arrangements should to be agreed before a bookings is confirmed so that everyone knows what to expect. Travel and accommodation costs can be met by the Foundation, in accordance with approved guidelines for the Scheme.

All of Susan's presentations use media and require a power point projector and white screen. ***Please be sure to say if you have difficulty in providing a projector and screen, extension leads etc. For example if your equipment has recently broken.***

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LECTURES

The Path of the Sun – Cosmic and Human

The Ancient Teachings revealed on the instruction of the Mahatmas, tell us it is through the 'Four Maharajas' that our five senses may awaken to the hidden truths of Nature. We will explore this Wisdom, the role of celestial beings, the seven principles of nature, the mystery of the human soul and the transformation of human consciousness.

Divine Wisdom in Music

Sound is Divine Wisdom in motion and esoteric science teaches that sound and music lie at the heart of Nature and our individual creativity. Music for the body, heart and mind has long been used to awaken the Soul. We will explore how music, breath and sound can inspire, illuminate and transform our lives.

Magic and Magicians on the Path of Life

Magic and illusion play an important part in the life of the pilgrim. We will explore their role in the material world and in the spiritualisation of consciousness. Theosophy teaches us how to become our own magician and holds the key to the magic circle - the mystery of alchemy in this Great Quest.

Truth - A Theosophical Quest

On our journey from darkness to light we come to realise that we possess a unique powerhouse of mind-energy. This can be experienced as love, inspiration, thought and desire. This universal energy can be harnessed to help the struggling neophyte become a mature Seeker of Truth.

The Path of Transformation – Voyage to the Silent Self

The Blavatsky Lecture 2014. On this sacred journey the Seeker must find the Seal of Truth concealed within. Its gateway is the Secret Path to spiritual unfoldment, the golden light which illuminates the heart of the awakened soul and provides the key to its final freedom. Our voyage will also reveal how the great roar of Nature is relevant to our progress. *[A longer talk which can be given in two halves].*

The Universal Path of Transformation

Galaxies are a living 'cosmic world' which physicists now know more about than ever before. From the science of the cosmos to human consciousness, this talk explores how WE are each a small part of the universal process of transformation. From "the circle of heaven" to Mother Earth, we can awaken to a 'new world'.

The Dragon Tree of Wisdom

During the course of our spiritual growth our state of consciousness changes. The process of self-awakening can be symbolised by the Alchemical retort, which releases the spiritual essence of Self as the dross of personality is burnt away. To realise our own potential, we must climb the 'Dragon Tree of Wisdom' and unite with the Dragon itself.

Lotus of the Heart

The Flame of Life is present at the very core of every human being. It is made manifest to the degree that the Seeker is able to Realise it. We will explore how we can begin to find our way to this door, transforming weakness into the strength, and ultimately awakening the Lotus of the Heart.

Sacred Science and the Halls of Wisdom

Sacred Science is that radiant ocean of knowledge reached through the metaphysical dimensions of the human mind. The Lords of Light provide such Halls of Wisdom as are needed to assist our spiritual progress. We will explore how poetic verses from The Voice of the Silence might assist our journey.

Sacred Waves and the Four Winds

Within the waves of the ocean lie the Secrets of the Universe – a Dragon of Wisdom sailing on the Breath of Life. In our own sphere we are the boatman on a journey of discovery in this Great Mystery. This talk reveals how we live and breathe in the Light of the Eternal Sea whose Great Breath reaches the four corners of the Kosmos.

Ancient Truths – Modern Secrets

There are many myths about ancient mysteries and secret societies. In exploring some of these 'myths' and 'secrets' we learn how the Esoteric Teachings can help us to unlock the meaning of life and enrich our spiritual journey. We can begin to turn the key to understanding the thread of truth in scriptures, symbols, myths and rituals.

Soul Wisdom - The Heart of Life

Through our journey into Heart Centred Awareness, we will discover how we can dissolve the veil to reveal the essential truths at the heart of our being. **Love** - Heart Centred Awareness, **Service** - Gateway to True Knowledge, **Wisdom** - Transmutation of the Soul. An interactive talk which includes music and meditation.

Cosmic Colour – Sanctuary of Light

The esoteric properties of colour and sound have been used in meditation and healing for millennia. Colour has been described as a Divine Science and through an in-depth exploration of esoteric and modern science we will learn about these vital cosmic energies. Life is radiance of vibration which we can learn to harness.

The Healing Power of Colour

We are 'beings of light and energy' and many subtle vibrations influence the way we feel and experience the world. We will explore how colour and light are portals into different realms of consciousness and how these subtle vibrations can affect our daily lives. This gentle talk examines the properties of colour and how we can learn to use them.

Fragments of Occult Truth

When they gave Theosophy to the Western world, the Masters of the Wisdom lifted a corner of the veil on the secret science, which leads to the highest knowledge. Yet, Master KH said "*believers in us are pronounced 'imposters and fools'.*" So why should WE believe? How are the Wisdom of the Masters relevant in the world of the 21st century?

Isis - Goddess of the Mysteries

Isis: "*the women clothed in the sun and with the moon under her feet, to whom was given two wings of the great eagle that she might fly into the wilderness*" (H. P. Blavatsky). In exploring the Goddess Isis, we will uncover some of the esoteric keys in the Greek myths and symbolism of the ancient world and in Madame Blavatsky's "*Isis Unveiled*".

Exploring Spiritual Sound - Mantra and Cosmic Vibration

Every piece of music has different qualities of sound and vibration, and for millennia sound has been used as a means of increasing spiritual awareness. By understanding the language of music and sound we can learn how to use these in our daily lives and live in a more balanced state of harmony and wellbeing.

Angels – Divine Messengers and Celestial Builders

Angels and Archangels, are some of the Hierarchy of Beings who work with the great Cosmic Law to create and weave our beautiful world and its kingdoms of nature. Angels have a mission to perform and vary infinitely in their degrees of consciousness and intelligence. We will explore their role in evolution and how they link with human beings.

The Healing Power of Thought – Auras, Crystals & Angels

We are surrounded by a hidden world of colour and light. These can influence the way we think and feel. An understanding of their subtle properties can change our lives and help to bring healing into the world. We will explore the role of auras, crystals and angels and how the Power of Thought can become a dynamic healing tool.

Pathways to Spiritual Awareness

Spiritual seekers are faced with an abundance of would-be teachers, from ancient traditions to modern gurus. This talk explores some approaches to self-development and how we can learn to discriminate between the real and the unreal, the false and the true, embracing our ultimate transformation into Enlightenment and Truth.

A Rogerian Way of Being – A Practical Approach to Brotherhood

The ideal of kindness in relationships is explored, alongside the role of karma and reincarnation. We will consider how our mind and emotions can affect the way we view the world and our fellow human beings. “... *the more I am simply willing to be myself the more this helps others also to become themselves*” - Carl Rogers.

From Super Mind to Super Science

The long walk from the world of the Ancients to the boundaries of the known physical universe illustrates humanity's thirst for knowledge. The Ageless Wisdom has existed from the beginning of time and we will explore what this teaches us about the world and its future. Explores our journey from the Vedas to the cutting edge of modern science.

King Solomon's Garden - Exploring the Tree of Life

Humanity is in a unique position in the evolution of the world, poised halfway between the material and the spiritual. This dramatized talk explores our journey on the path of unfoldment, through spiritual growth, resurrection and rebirth. We can each learn to cultivate the garden of our mind and heart in the building of the temple of Solomon.

The Face of the Divine – Science and Spirituality Explored

Mystics and deep spiritual seekers of all religions and of no religion, tell us of their experience of their absorption into Oneness: Truth, Knowledge, Love and Beauty. This reflective talk explores our awakening to the higher life, the role of near-death experience, and takes a journey through the some of the latest scientific research.

The Bird of Love Divine – Pathway to the Shining Self

We will explore how to unfold our wings and soar into the Light of Life on the ‘bird of Love Divine’ - our pathway to joy and abundance. In the sanctuary of the soul we experience Wisdom and “*the pure heart is filled by the truth*” (H P Blavatsky). With some poetry and song, we begin our voyage to the Shining Self.

Scientism, Mysticism & Holism

The edges of the known universe have been explored with increasing ingenuity, from quantum physics to outer space. Science has come to symbolise the fount of all knowledge. How does this relate to Mysticism, Metaphysics and the Age of Reason? We explore the role of science in concepts of consciousness, healing and health.

The Blossom of the Root of Life – Exploring Cosmic Creation

The lotus flower of the world unfolds from the unfathomable depth of nature. This talk provides insights into cosmic creation, drawing on spiritual texts handed down through the ages. The poetry of mystics, modern verse, and atomic science, help us to gain insights into this process. We are One with our beautiful earth and the cosmos.

WORKSHOPS

If more suitable for your group, some day-workshops can be tailored for an afternoon.

Divine Wisdom in Music

Sound is Divine Wisdom in motion and music lies at the very heart of Nature. Every piece of music has different qualities and by understanding the language of music and sound, we can strengthen the connection between our inner being and the cosmos. Music for the body, heart and mind has long been used to awaken the Soul and through a variety of different music and videos we will explore how this can transform our individual creative energy. This practical and inspirational workshop will explore:

Cosmic Sound and the Ocean of Life	Consciousness and Transformation
Angelic Messengers of Sound and Light	The science of Sound and Breath
Music of the Spheres	Seven Chords of Universal Consciousness
Music and Spiritual Perception	Music for Relaxation and Creativity

The Path of the Sun – Cosmic and Human

The Ancient Teachings revealed on the instruction of the Mahatmas, tell us it is through the 'Four Maharajas' that our five senses may awaken to the hidden truths of Nature. This day workshop will explore this Wisdom, including the role of celestial beings and the transformation of human consciousness:

- The Four Guardians of the World.
- The Seven Principles of Nature.
- Aspects of Human Consciousness.
- The Serpent of Wisdom.
- The Rainbow Bridge and Angels of Wisdom.

Dragons and Serpents – Signposts to Esoteric Wisdom

Dragons and serpents appear in many myths and stories. We will discover some of their secrets and learn how we can spiritualise our lives and progress from being a 'Seeker' to becoming a 'Server' in the Great Cause of Universal Love. This day workshop will explore this theme in three parts:

Serpents of All Wisdom. From birth to death we are all on our own spiritual journey. We have the freedom to follow in the slip-stream of life or discover more about the mysteries of existence.

Pathways of Angels and Men. There is a vast Hierarchy of Beings who work with the great Cosmic Laws and, like humanity, they vary infinitely in their degrees of consciousness and intelligence.

Dragons of the Sun and Moon. Dragons symbolically relate to the unfolding of the cosmos, the cosmic journey, and to the human journey of unfoldment. The greatest of all journeys begins with a single step.

Soul Wisdom - The Heart of Life

These interactive and experiential sessions on H. P. Blavatsky's theosophical classic "*The Voice of the Silence*" will also include meditation and music. Through our journey into Heart Centred Awareness, we will discover how to open the door to this Great Teacher and awaken the Secret Path of True Knowledge and Wisdom. We can dissolve the veil and reveal the essential truths at the heart of our being. This day workshop explores:

Love

Heart Centred Awareness

Service

Gateway to True Knowledge

Wisdom

Transmutation of the Soul

Isis - Goddess of the Mysteries

Isis: "*the women clothed in the sun and with the moon under her feet, to whom was given two wings of the great eagle that she might fly into the wilderness*" H. P. Blavatsky. Through her own spiritual labours HPB gave to us the fruits of her first great work "*Isis Unveiled*". In revealing the inspirational gift she gave to the world, we will explore Isis goddess of the mysteries and much more; unlocking some of the esoteric keys in the Greek myths and symbolism of the ancient world. This is a day workshop will include:

Isis

Light of the sea

In Greek Mythology

Mirror of Eternal Wisdom

Gods of Mystery & Wisdom

Thoth, Deus and God

Gaea and Evolution

First Born Immortals

Archetypes and Adepts

Archetypes and Cycles

Serpent Symbol of Sophia

Adepts & Eagle of Wisdom

The Bird of Love Divine – Pathway to the Shining Self

This afternoon workshop we will explore how to unfold our wings and soar into the Light of Life on the 'bird of Love Divine'. "*Feathered birds and fishes finned, and clouds and rain and calm and wind, and sun and moon and stars, declare all life is one life, everywhere*" (C Dalmon). With some poetry and song, we will explore our journey into spiritual awakening, love, joy and abundance - our voyage to the Shining Self. In the sanctuary of the soul we experience Wisdom and "the pure heart is filled by the truth" (HPB). Sessions will include:

The Sun the Moon and
Stars

One Life

Ever-becoming

Inner Music of the Soul

Clouds and Rain and Calm and
Wind

Love Justice and Mercy

Pathways to Wisdom

The Bird of Love Divine

The Light of Life

Wisdom and Service

Journey into Light

The Heart of Truth

Colour Consciousness through Art

These informal and relaxing sessions use painting, visualization and meditation, to explore the spiritual nature of colour, shape and form. We will deepen our understanding of the subtle properties of colour, shape and form, and learn how these can be harnessed to bring change into our lives. Participants need no previous experience or practical skills in painting, just a willingness to participate and enjoy.

This day workshop can be combined with appropriate talks, or linked to sessions specifically tailored to the interests and needs of your group. Materials will be provided but additional paper, paints, pastels, brushes etc are always helpful. We will need chairs and tables with sufficient space for each person to comfortably paint and draw, allowing for paints and water pots etc. (*A bright room with good natural light is needed*).

Awakening Our Spiritual Path

This day workshop introduces participants to what the Spiritual Path might be, explores what highways and byways we might encounter along the way and how nature can help increase our spiritual awareness. There are three sessions:

Mystics and Gurus on the Path of Self Discovery

Wisdom Traditions and Spiritual Development

Spiritual Awareness through Attunement with Nature

This practical and heart centred workshop will help us understand our journey and lead us towards the truths which lie behind the Ancient Teachings. A local park or garden would be helpful for the last session (but not essential); weather permitting this can be held outside. This interactive workshop can be held over one day or an afternoon. Participants will need pens and clipboards for their worksheets.

King Solomon's Garden - Exploring the Tree of Life

This practical and interactive afternoon workshop can be given on its own or be accompanied by the dramatized talk King Solomon's Garden or Ancient Truths – Modern Secrets. Through cultivating the garden of our mind and heart we can deepen our spiritual practice and find the Gateway to True Knowledge. The following sessions will explore the process of self-development and our journey along the path of unfoldment:

Understanding our journey in the cycle of life

Learning to cultivate the garden of our being

Exploring the Tree of Life

Building the temple of Solomon

A Rogerian Way of Being – A Practical Approach to Brotherhood.

These informal and interactive sessions draw on the teachings of Theosophy and the work of Carl Rogers, to provide a positive environment for inter-relationships to be sensitively explored. *“... the more I am simply willing to be myself the more this helps others also to become themselves”* - Carl Rogers.

What does it mean to have a person centred approach? The ideal of brotherhood and loving kindness in our relationships is explored, alongside the role of karma and reincarnation. We will consider the processes of consciousness and how perceptions, mental and emotional conditions, can affect the way we view the world and our fellow human beings. A light and airy room is desirable for these sessions.

This afternoon workshop can be linked with a talk on ‘Soul Wisdom - The Heart of Life’ or ‘The Healing Power of Colour’.

Meditation and Self Awareness – Weekend Course

This weekend is a mix of practical workshops and interactive talks which explore how each person has the potential to unfold their creativity and experience a deeper sense of harmony through meditation and self-awareness. The balanced flow of activities and experiential sessions will introduce participants to various aspects of self-awareness and different meditation techniques.

It is a reflective and practical weekend aimed at those with some experience in the practice of meditation and self-awareness who would like to deepen their understanding. Beginners are also encouraged to attend this inspirational and heart-centred weekend.

The course is designed to be a whole weekend experience, and whilst day visitors are welcome some key elements of the journey may be missed. The programme will include: Getting started, conscious awareness, meditation in motion, energy of the heart, meditation and visualization, experiencing the light, cosmic vibration, exploring spiritual sound in music, the healing power of thought, self-awareness and practical living.

Although planned as a residential weekend, it will be possible to do this as a non-residential event depending on the facilities are available. It may also be possible to arrange a day event to cover some of these topics. We will need a suitable venue with sufficient floor space for meditation, relaxation and some gentle (optional) floor work. The minimum number of participants is usually twelve.

The team will include: Susan Bayliss (Facilitator/Course Leader), with Jenny Baker and Teresa Keast (Course Leaders).